

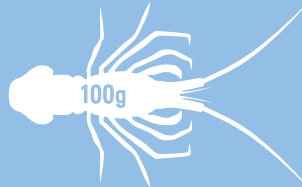
Super
Seafood

OMEGA 3 COMPARISON



683 GRAMS CHICKEN BREAST (APPROX.
7 X 100 GRAM LEAN CHICKEN FILLETS)

equals



100 GRAMS WILD SOUTHERN ROCKLOBSTER