

NUTRITION INFORMATION

WILD GUMMY SHARK -
SERVING SIZE: 100G
SERVINGS PER PACK: 1

AVERAGE
QUANTITY
PER
SERVING

% DAILY
INTAKE*
(PER SERVING)

AVERAGE
QUANTITY
PER 100G

ENERGY

359kJ

4.1

359kJ

PROTEIN

24.6g

49.2

24.6g

FAT, TOTAL

0.42g

0.6

0.42g

saturated

0.135g

0.56

0.135g

trans

0g

0g

polyunsaturated

0.186g

0.186g

omega 3

0.141g

0.141g

docosahexaenoic acid

19.3mg

64.3

19.3mg

eicosapentaenoic acid

112mg

373

112mg

monounsaturated

0.099g

0.099g

CARBOHYDRATE

0g

0.0

0g

sugars

0g

0.0

0g

SODIUM

180mg

7.8

180mg

SELENIUM

0.040mg

57.7

0.040mg

IODINE

0.312mg

208

0.312mg

PHOSPHOROUS

208mg

20.8

208mg

*Percentage daily intakes are based on an average adult diet of 8,700kJ. Your daily intakes may be higher or lower depending on your energy needs.